

INTERNATIONAL KARATE ORGANIZATION KYOKUSHINKAIKAN
IKO TÜRKİYE
MUNICIPALITY OF YILDIRIM,BURSA
5 th ESAT DELİHASAN INTERNATIONAL KYOKUSHIN CUP
FOR JUNIORS, MEN AND WOMEN
SEPTEMBER 27-28, 2025 - BURSA, TÜRKİYE

Place: Naim Suleymanoglu Sports Complex Yigitler, Ankara Road St. No: 636/A, 16300 Yildirim/Bursa

Date: September 27-28, 2025

Organizer: International Karate Organization Kyokushinkaikan – Türkiye
Sensei Ömer DURAN, IKO Türkiye Branch Chief

Contact: iko.turkiyekyokushin@gmail.com, Sensei Ömer DURAN Phone +90 533 7 64 16

Registration: Registration forms must be sent by e-mail until September 5, 2025.

Official Hotel:

HOTEL ANATOLIA Çekirge, No 1, Zübeyde Hanım Cd. Çekirge, 16070
Osmangazi / Bursa

Price in an official hotel HOTEL ANATOLIA Çekirge, No 1, Zübeyde hanım Cd. Çekirge, 16070
Osmangazi / Bursa

:

1. Single room with breakfast per night per person – **60 EUR**
2. Double room with breakfast per night per person – **90 EUR**
3. Triple room with breakfast per night per person – **120 EUR**

Fees:

KATA	KUMITE	KATA+KUMITE
50 EURO	50 EURO	80 EURO

Payments will be received in cash at the hotel during registration on Friday, September 26, 2025.

All age categories are determined as of Sept 26th, 2025

All participants and team members of the Championships must have a valid insurance. The organizer does not provide any insurance and does not take responsibility in this area.

5 th Esat Delihasan International Kyokushin cup:

KUMITE Juniors (1st, 2nd, 3rd, 3rd prize will be given - 3rd place will be fought for)

BOYS			
Category	Weight Categories	Mandatory protective gear	Match duration
8 - 9 y.o.	-30 kg; -35 kg; -40 kg; +40 kg'	Headgear (with face cover) Body protectors, Groin guard, Fist guards, Shin guards, Knee guards, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
10-11 y.o.	-35 kg; -40 kg; - 45 kg; +45 kg	Headgear (with face cover), Groin guard, Fist guards, Shin guards, Knee guards, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
12-13 y.o.	-40 kg; - 45 kg; - 50 kg; - 55 kg +55 kg;	Headgear (with face cover), Groin guard, Fist guards, Shin guards, Knee guards, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
14-15 y.o.	-50kg; -55kg; -60kg; -65kg; -70kg; -75kg; +75kg;	Headgear (no face cover), Groin guard, Fist guards, Shin guards, Knee guards, (IKO standard)	Elimination and finals round: 120 seconds -> 120 seconds
16-17 y.o.	-55kg; -60kg; 65kg; -70kg; -75kg; 80kg; +80kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard) Optional: Mouth guard	Elimination and finals round: 120 seconds -> 120 seconds

GIRLS			
Category	Weight	Mandatory protective gear	Match duration
8 - 9 y.o.	-30 kg; -35 kg; +35 kg;	Head gear (with face cover), Body protectors, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
10-11 y.o.	-35 kg; -40 kg; + 40 kg;	Head gear (with face cover) Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
12-13 y.o.	-40kg; -45kg; -50kg; +50kg;	Head gear (with face cover), Body protectors, Fist guards, Shin pads, Knee protection, Breast pads, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
14-15 y.o.	-50kg; -55kg; -60kg; +60kg;	Head gear (no face cover), Body protectors, Fist guards, Shin pads, Knee protection, Breast pads, (IKO standard)	Elimination and finals round: 120 seconds -> 120 seconds
16-17 y.o.	-50kg; -55kg. -60kg; -65kg; +65kg.	Headgear, Fist guards, Shin guards, Knee guards, Chest guards, (IKO standard) (IKO standard) Optional: Mouth guard	Elimination and finals round: 120 seconds -> 120 seconds

KUMITE +18 years old (1st, 2nd, 3rd, 3rd prize will be given - 3rd place will be fought for)

Category	Weight Categories	Mandatory protective gear	Match duration
Men	-60 kg; -70 kg; -80 kg; -90 kg; +90 kg	Groin cup, Optional: Mouth guard	Elimination round: 2 minutes -> 2 minutes Semifinals and finals round: 3 minutes -> 2 minutes -> 2 minutes -> weight (3kg) -> 2 minutes (mandatory decision)
Women	-55 kg; -65 kg; +65 kg	Breast pads, Optional: Mouth guard	

Kumite Seniors Men (1st, 2nd, 3rd, 3rd prize will be given - 3rd place will be fought for)

Category	Weight	Mandatory protective gear	Match duration
Men: 35-44 y.o.	-85kg; +85kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	elimination and finals round: 90 seconds -> 90 seconds
Men: 45 and over y.o.	-85kg; +85kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	elimination and finals round: 90 seconds -> 90 seconds

KATA Juniors (Prizes for places: 1st, 2nd, 3rd)

BOYS kata category	GIRLS kata category	Kata Elimination	Kata Final (for top 6 only)
Boys: 8 -9 y.o.	Girls: 8 - 9 y.o.	TAIKIYOKO SAN	PINAN SONO ICHI
Boys: 10-11 y.o.	Girls: 10-11 y.o.	PINAN SONO ICHI	PINAN SONO NI
Boys: 12-13 y.o.	Girls: 12-13 y.o.	PINAN SONO NI	PINAN SONO SAN
Boys: 14-15 y.o.	Girls: 14-15y.o.	TSUKI NO KATA	GEKISAI SONO SAN
Boys: 16-17 y.o.	Girls: 16-17 y.o.	GEKISAI SONO SAN	BASSAI

KATA+18 years old (Prizes for places: 1st, 2nd, 3rd)

Men Kata Category	Women Kata Category	Kata Elimination	Kata Final (for top 6)
Men +18 y.o.	Women +18y.o.	BASSAI	KANKU

Competitors must have their own personal protective equipment. **Body Protectors will be provided by the Organization.**

SCHEDULE:

Sept 26th (Friday) HOTEL ANATOLIA

Çekirge, No 1, Zübeyde Hanım Cd. Çekirge, 16070 Osmangazi / Bursa

1. Check-in and Weight-in for competitors

☐ Documents for participation for all competitors:

o Passport

o Memberships card

o Doctor's OK

Dogi must have kanji on the chest. No other symbols may be worn on Dogi.

2. Judge Seminar (**Led By Shihan Emil Kostov – Shihan Gergana KOSTOVA**)

September 26,2025 17:00 / 19:00

Hotel – Anatolia Hotel

Sept 27th (Saturday) Naim Suleymanoglu Sports Complex Yigitler, Ankara Road St. No: 636/A, 16300 Yildirim/Bursa

Competitions for ages 8-15

8:30 Departure of Buses from Hotel

9:00 Doors open

9:30 Judge briefing

10:00 Official opening ceremony

10:20 – 12:10 Kata

12:20 Start of the competition

18:00 - 19:00:30 Cup and Certificate ceremony

Sept 28th (Sunday) Naim Suleymanoglu Sports Complex Yigitler, Ankara Road St. No: 636/A, 16300 Yildirim/Bursa

Competitions 16-17 years old, Men, Women, Seniors.

8:30 Departure of Buses from Hotel

9:00 Doors open 9:30 Judge briefing

10:00 Official opening ceremony

10:20 – 12:10 Kata

12:20 – 14:30 Kumite Elevation

14:30 – 15:00 Local Dance Show

15: - 16 Kumite Final

16:00 – 17:00 Cup and Certificate ceremony

17:15 Movement of buses from gym to hotel

A dinner will be served for Branch Managers and Dojo Operators on Sunday, September 28, 2025 at 20:00.