

# Kumite

## Age 5-9 Yrs

### Required Gears

#### Required



Fist Guard



Knee Pad



Shin Pad



Head Gear  
(Face Cover)



Belt Strap

#### Required Non-Official



Groin Cup  
(Male)

White T-Shirt, No print  
(Female)

#### Optinal



Bra & Pad  
(Female)



Groin Guard  
(Female)



Mouth Guard

# Kumite

## Age 10-11 Yrs

### Required Gears

#### Required Official



Fist Guard



Knee Pad



Shin Pad



Head Gear  
(Face Cover)



Bra & Pad  
(Female)



Groin Guard  
(Female)



Belt Strap

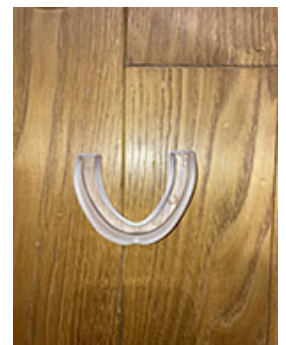
#### Required Non-Official



Groin Cup  
(Male)

White T-Shirt, No print  
(Female)

#### Optional



Mouth Guard

# Kumite

## Age 12-14 Yrs

### Required Gears

#### Required Official



Fist Guard



Knee Pad



Shin Pad



Head Gear



Bra & Pad  
(Female)



Groin Guard  
(Female)



Body Guard



NEW Head Gear

#### Required Non-Official



Groin Cup  
(Male)



Mouth Guard

White T-Shirt, No print  
(Female)



# Kumite

## Age 15-17 Yrs

### Required Gears

#### Required Official



Open Finger  
Gloves



Knee Pad



Shin Pad



Head Gear



Bra & Pad  
(Female)



Groin Guard  
(Female)



NEW Head Gear

#### Required Non-Official



Groin Cup  
(Male)



Mouth Guard

White T-Shirt, No print  
(Female)

# Kumite

## Age 18-34 Yrs

### Required Gears

#### Required Official



Open Finger  
Gloves



Knee Pad



Shin Pad



Head Gear



Bra & Pad  
(Female)



Groin Guard  
(Female)



NEW Head Gear

#### Required Non-Official



Groin Cup  
(Male)



Mouth Guard

White T-Shirt, No print  
(Female)

# Kumite

## Age 35+ Yrs

### Required Gears

#### Required Official



Open Finger  
Gloves



Knee Pad



Shin Pad



Head Gear



Bra & Pad  
(Female)



Groin Guard  
(Female)



NEW Head Gear

#### Required Non-Official



Groin Cup  
(Male)



Mouth Guard

White T-Shirt, No print  
(Female)