

2026 IFT Categories & Dates (*age as of April 1, 2026*)

May 5 (Tue) KATA Category

1	Boys & Girls KATA 6 yr	8	Girls KATA 12~14 yr
2	Boys & Girls KATA 7 yr	9	Men's KATA 15~34 yr
3	Boys & Girls KATA 8 yr	10	Women's KATA 15~34 yr
4	Boys & Girls KATA 9 yr	11	Men's KATA 35~49 yr
5	Boys & Girls KATA 10 yr	12	Women's KATA 35~49 yr
6	Boys & Girls KATA 11 yr	13	Men's KATA 50+ yr
7	Boys KATA 12~14 yr	14	Women's KATA 50+ yr

May 5 (Tue) KUMITE Category

15	Boys KUMITE 12 yr -45kg	34	Men's KUMITE +50yr -70kg
16	Boys KUMITE 12 yr -55kg	35	Men's KUMITE +50yr -80kg
17	Boys KUMITE 12 yr +55kg	36	Men's KUMITE +50yr +80kg
18	Boys KUMITE 13 & 14 yr -50kg	37	Women's Kumite +35yrs -55kg
19	Boys KUMITE 13 & 14 yr -60 kg	38	Women's Kumite +35yrs -65kg
20	Boys KUMITE 13 & 14 yr +60 kg	39	Women's Kumite +35yrs +65kg
21	Girls KUMITE 12yr -45kg	40	Master's Class Men's KUMITE 35~39 yr -70 kg
22	Girls KUMITE 12yr +45kg	41	Master's Class Men's KUMITE 35~39 yr -80 kg
23	Girls KUMITE 13~14 yr -45kg	42	Master's Class Men's KUMITE 35~39 yr +80 kg
24	Girls KUMITE 13~14 yr +45kg	43	Master's Class Men's KUMITE 40~44 yr -70 kg
25	Men's KUMITE 35~39 yr -70kg	44	Master's Class Men's KUMITE 40~44 yr -80 kg
26	Men's KUMITE 35~39 yr -80kg	45	Master's Class Men's KUMITE 40~44 yr +80 kg
27	Men's KUMITE 35~39 yr +80kg	46	Master's Class Men's KUMITE 45~49 yr -70 kg
28	Men's KUMITE 40 ~ 44 yr -70kg	47	Master's Class Men's KUMITE 45~49 yr -80 kg
29	Men's KUMITE 40 ~ 44 yr -80kg	48	Master's Class Men's KUMITE 45~49 yr +80 kg
30	Men's KUMITE 40 ~ 44 yr +80kg	49	Master's Class Men's KUMITE +50 yr -70 kg
31	Men's KUMITE 45~49 yr -70kg	50	Master's Class Men's KUMITE +50 yr -80 kg
32	Men's KUMITE 45~49 yr -80kg	51	Master's Class Men's KUMITE +50 yr +80 kg
33	Men's KUMITE 45~49 yr +80kg	52	Master's Class Women's Kumite +35yrs -55kg
		53	Master's Class Women's Kumite +35yrs -65kg
		54	Master's Class Women's Kumite +35yrs +65kg

May 6 (Wed) KUMITE Category

55	Boys & Girls KUMITE 5 yr	73	Boys KUMITE 15 yr -60kg
56	Boys KUMITE 6 yr	74	Boys KUMITE 15 yr -70kg
57	Boys KUMITE 7 yr	75	Boys KUMITE 15 yr +70kg
58	Boys KUMITE 8 yr	76	Boys KUMITE 16 & 17 yr -60kg
59	Boys KUMITE 9 yr -35Kg	77	Boys KUMITE 16 & 17 yr -70kg
60	Boys KUMITE 9 yr +35Kg	78	Boys KUMITE 16 & 17 yr -80kg
61	Boys KUMITE 10 yr -35Kg	79	Boys KUMITE 16 & 17 yr +80kg
62	Boys KUMITE 10 yr +35Kg	80	Girls KUMITE 15~17 yr -50kg
63	Boys KUMITE 11 yr -40Kg	81	Girls KUMITE 15~17 yr +50kg
64	Boys KUMITE 11 yr +40Kg	82	Men's KUMITE 18~34yrs -70kg (protective gear)
65	Girls KUMITE 6 yr	83	Men's KUMITE 18~34yrs - 80kg (protective gear)
66	Girls KUMITE 7 yr	84	Men's KUMITE 18~34yrs +80kg (protective gear)
67	Girls KUMITE 8 yr	85	Women's KUMITE 18~34yrs -55kg (protective gear)
68	Girls KUMITE 9 yr	86	Women's KUMITE 18~34yrs -65kg (protective gear)
69	Girls KUMITE 10yr -35kg	87	Women's KUMITE 18~34yrs +65kg (protective gear)
70	Girls KUMITE 10yr +35kg		
71	Girls KUMITE 11yr -40kg		
72	Girls KUMITE 11yr +40kg		