

# 1<sup>ST</sup> TÜRKİYE OPEN KYOKUSHIN KARATE CUP 20-21 JUNE 2026 - BURSA, TÜRKİYE



**Place:** Bursa, TÜRKİYE, TOFAS Arena, click [here!](#)

**Date:** June 20<sup>th</sup> – 21<sup>st</sup> 2026

**Organizer:** Internation Karate Organization Kyokushinkaikan - TÜRKİYE  
Sensei Omer Salih CENGİZ, IKO Türkiye Branch Chief

**Contact:** Senpai Behnam ARMAN; [behnam.arman@bhm-otomotiv.com](mailto:behnam.arman@bhm-otomotiv.com)  
+90 542 844 77 17

**Registration:** Please use the attached Excel file and send it back by email.  
Deadline **May 25**.

**Official Hotel:** Ramada by Wyndham Bursa, Nilufer

For the location, please click [here!](#) And see the attached file.

For reservation, please use the attached Excel file and send it back by email. Deadline **May 25**. Shuttle service will be provided between the hotel and the TOFAS Arena sports hall.

*Room prices of the official hotel:*

1. Double room with breakfast per night – **100 EUR**
2. Triple room with breakfast per night – **120 EUR**

**Nearest airports:** Sabiha Gökçen International Airport

For airport location, please click [here!](#)

**Awards & Participant Information:**

In Kumite, trophies, medals, and certificates will be awarded to 1st, 2nd, and two 3rd place winners (1–2–3–3). There will be no fights for 3rd place.

All participating athletes will receive an official championship T-shirt.

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**Fees** (in EUR):

KATA	KUMITE	KATA+KUMITE	OFFICIAL T-SHIRT
50 EUR	50 EUR	80 EUR	25 EUR

Payment for each registered competitor must be made by bank transfer in cash on the spot on June 19.

**All age categories are determined as of June 20<sup>th</sup>, 2026**

All participants and team members of the Championships must have valid insurance. The organizer does not provide any insurance and does not take responsibility in this area.

## The 1<sup>st</sup> TÜRKİYE OPEN KYOKUSHINKARATE CUP - KUMITE

**KUMITE Juniors (Prizes for places 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 3<sup>rd</sup> - no fights for 3<sup>rd</sup> place)**

BOYS			
Category	Weight Categories	Mandatory Protective Gear	Match duration
8 - 9 yrs.	-25kg -30kg; -35kg; +35kg	Head gear (with face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination & finals round: 90 seconds -> 90 seconds
10-11 yrs.	-30kg; -35kg -40kg; -45kg; +45kg	Head gear (with face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination & finals round: 90 seconds -> 90 seconds
12-13 yrs.	-40kg; -45kg -50kg; -55kg; +55kg	Head gear (with face cover), <b>Body protectors</b> , Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination & finals round: 90 seconds -> 90 seconds
14-15 yrs.	-50kg; -55kg -60kg; -65kg -70kg; -75kg; +75kg	Head gear (with face cover), <b>Body protectors</b> , Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 120 seconds -> 120 seconds
16-17 yrs.	-55kg -60kg; -65kg -70kg; -75kg -80kg; +80kg	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard) Optional: Mouth guard	Elimination & finals round: 120 seconds -> 120 seconds

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GIRLS			
Category	Weight Categories	Mandatory protective gear	Match duration
8 - 9 yrs.	-25kg -30kg; +30kg	Head gear (with face cover), Groin cup, Fist guards, Shin pads, Girls Groin Guard, Knee protection, (IKO standard)	Elimination & finals round: 90 seconds -> 90 seconds
10-11 yrs.	-30kg; -35kg -40kg; -45kg; +45kg	Head gear (with face cover), Fist guards, Shin pads, Girls Groin Guard, Knee protection, (IKO standard)	Elimination & finals round: 90 seconds -> 90 seconds
12-13 yrs.	-40kg; -45kg -50kg; +50kg	Head gear (with face cover), <b>Body protectors</b> , Fist guards, Shin pads, Girls Groin Guard, Knee protection, (IKO standard)	Elimination & finals round: 90 seconds -> 90 seconds
14-15 yrs.	-50kg; -55kg -60kg; +60kg	Head gear (with face cover), <b>Body protectors</b> , Breast pads, Fist guards, Shin pads, Girls Groin Guard, Knee protection, (IKO standard)	Elimination & finals round: 120 seconds -> 120 seconds
16-17 yrs.	-50kg; -55kg -60kg; -65kg; +65kg	Head gear (no face cover), Breast pads, Fist guards, Shin pads, Girls Groin Guard, Knee protection, (IKO standard) Optional: Mouth guard	Elimination & finals round: 120 seconds -> 120 seconds

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## KUMITE +18 years old (Prizes for places 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 3<sup>rd</sup> - no fight for 3<sup>rd</sup> place)

Category	Weight	Mandatory Protective Gear	Match Duration
Men	-60 kg	Groin cup, Option: Mouth guard	Elimination round: 2 minutes -> 2 minutes  Semifinals and finals round: 3 minutes -> 2 minutes -> 2 minutes -> Tameshiwari, weight (3kg) -> 2 minutes (mandatory decision)
	-70 kg -80 kg -90 kg; +90 kg		
Women	-55 kg	Breast pads, Girls	
	-65 kg	Groin Guard,	
	+65 kg	Optional: Mouth guard	

## Kumite Seniors Men (Prizes for places 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 3<sup>rd</sup> - no fights for 3<sup>rd</sup> place)

Category	Weight	Mandatory Protective Gear	Match Duration
Man: +35 yrs.	-85kg +85kg	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	Elimination & finals round: 90 seconds -> 90 seconds

## Kumite Seniors Women (Prizes for places 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 3<sup>rd</sup> - no fights for 3<sup>rd</sup> place)

Category	Weight	Mandatory Protective Gear	Match Duration
Woman: +35 yrs..	-65kg +65kg	Head gear (no face cover), Groin cup, Breast pads , Fist guards, Shin pads, Girls Groin Guard, Knee protection (IKO standard), Optional: Mouth guard	Elimination & finals round: 90 seconds -> 90 seconds



## The 1st TÜRKİYE OPEN KYOKUSHINKARATE CUP - KATA

### KATA Juniors (Prizes for places: 1st, 2nd, 3rd)

BOYS kata category	GIRLS kata category	Kata Elimination	Kata Final (for top 6 only)
Boys: 8 -9 yrs.	Girls: 8 - 9 yrs..	Pinan Sono Ichi	Pinan Sono Ni
Boys: 10-11 yrs.	Girls: 10-11 yrs..	Pinan Sono Ichi	Pinan Sono Ni
Boys: 12-13 yrs.	Girls: 12-13 yrs.	Pinan Sono San	Pinan Sono Yon
Boys: 14-15 yrs.	Girls: 14-15yrs.	Tsuki No Kata	Gekisai Sono San
Boys: 16-17 yrs.	Girls: 16-17 yrs.	Gekisai Sono San	Bassai

### KATA+18 years old (Prizes for places: 1st, 2nd, 3rd)

Men kata category	Women kata category	Kata Elimination	Kata Final (for top 6 only)
Men +18 yrs.	Women +18 yrs.	Bassai	Kanku

Competitors must have their own personal protective equipment Organizer will provide only body protectors.

### SCHEDULE:

#### June 19th (Friday) – place: RAMADA BY WYNDHAM Hotel Bursa

##### 10:00-18:00 Verification of all participants

To pass the verification you must bring: IKO Membership Card, Passport, Doctor's Agreement, Waiver form, Dogi jacket, protectors set (head protectors can only be white color). If the competitor does not have the proper pads, he will have to buy them on the spot during verification.

Dogi must have kanji on the chest. No other symbols may be worn on Dogi (sweatshirt and pants).

##### Seconds Dress Code:

All seconds must wear white shirt with collar and simple grey, black or navy color (no pattern) pants. No sandal, no heels, No Bare foot (Must wear shoes). These rules also apply for fighters being seconds for other fighters.

##### 15:00-17:30 Judge Seminar

Led by Shihan Emil KOSTOV and Shihan Gergana KOSTOVA.

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## June 20th (Saturday) - place: TOFAS Arena

- 9:00 Doors open
- 9:30 Judge briefing
- 10:00 Start of the competition - The 1st TÜRKİYE OPEN KYOKUSHINKARATE CUP (Juniors) Kumite, Kata

## June 21st (Sunday) - place: TOFAS Arena

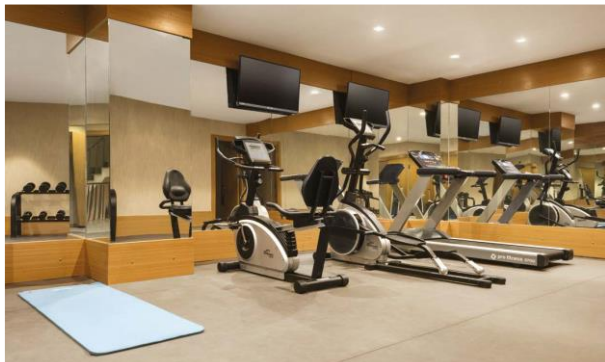
- 09:00 Doors open
- 09:30 Judge briefing
- 10:00 Official opening ceremony
- 10:30 Start of the competition - The 1st TÜRKİYE OPEN KYOKUSHINKARATE CUP (16-17 years old, +18 years old, Seniors +35 years old) Kata and Kumite

# OSU!

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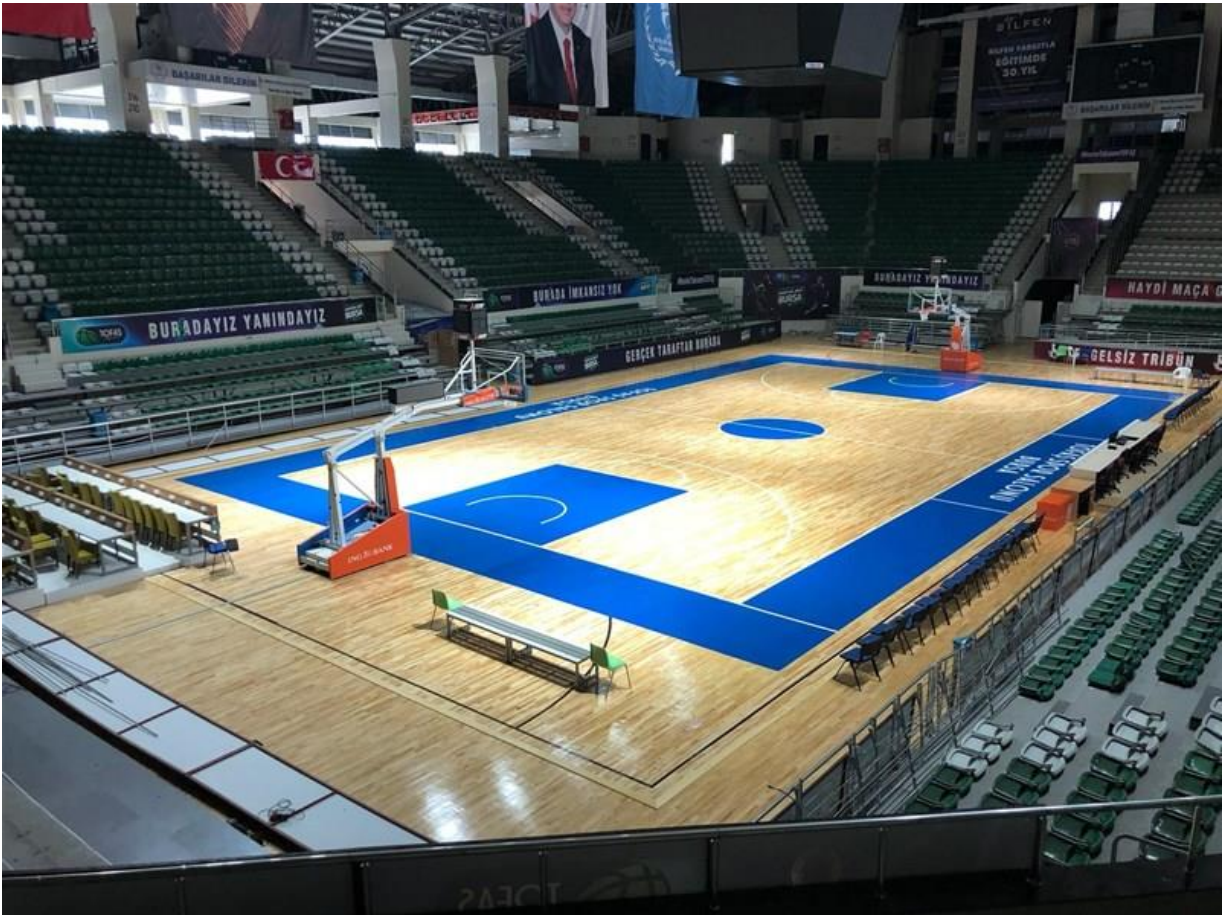
## Some Pictures of Ramada by Wyndham



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## Pictures of TOFAS Arena



**Pictures of Trophies #1, Senior Kata Trophies, Men & Women**



*Figure 1: Senior Kata Trophies, Men & Women*

**Pictures of Trophies #2, Senior Kumite Trophies, Men & Women**



*Figure 2: Senior Kumite Trophies, Men & Women*

**Pictures of Trophies #3, 16-17 / Veteran Trophies, Kata & Kumite**



*Figure 3: 16-17 & Veteran Trophies, Kata & Kumite*